

## Practical Guidance on Clinical Approach to Thyroid Disorders

### Agenda , Day 1 : Saturday

09.30 AM : Registration

10.00 AM : Welcome

#### Thyroid Basics : 10.30 AM – 02.00 PM

- Thyroid Anatomy and Hormone Synthesis
- Thyroid Hormone Metabolism and Actions
- Iodine and Thyroid Gland
- Clinical examination for Thyroid disorders
- Thyroid hormone tests and Factors affecting them

#### Thyroid Investigations : 02.30 PM – 04.00 PM

- Thyroid Sonography
- Investigations in Thyroid Disorders

#### Thyroid disease in clinical practice : 06.00 PM – 10.00 PM

- Pathophysiologic Basis of Symptoms of Thyroid Hormone Levels
- Thyroiditis
- Hypothyroidism in adults
- Hypothyroidism in Pregnancy / Children

10.00 pm : Dinner

### Agenda , Day 2 : Sunday

#### Thyrotoxicosis & Goiter : 09.00 AM – 12.30 PM

- Thyrotoxicosis in Adults
- Thyrotoxicosis in Pregnancy
- Thyroid Associated Eye Disease

#### Goiter management

- Clinical Approach and Management of Goiter
- Thyroid Cancer

Lunch and Departures 12.30 PM

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